

4 EASY STEPS TO BUILD A THOUGHTFUL BABY & TODDLER CAPSULE WARDROBE

Here are two checklists, one for your newborn and one for your toddler. This is just to get your started. Everybody's capsule wardrobe is going to be different. You may need some extra cozy sweatshirts if you live in a cold climate or more t-shirts if you are in a hot climate. The point is to become **intentional** about what you are buying and **putting thought into each purchase**.

NEWBORN CAPSULE WARDROBE CHECKLIST

- ☐ 1 HAT/BONNET
- ☐ 6 SLEEPERS
- ☐ 1-2 ROMPER/JUMPSUIT
- ☐ 4 ONESIES (WORN ALONE OR LAYERED)
- ☐ 4 LEGGINGS/JOGGERS
- ☐ 2 PAIRS OF BLOOMERS/SHORTS (SUMMER BABY)
- ☐ 1 SWEATSHIRT/HOODIE
- ☐ 5 SOCKS
- ☐ 1 SOFT SHOE/MOCCASIN
- ☐ 1-2 SWADDLES (BECAUSE YOU USE THEM FOR EVERYTHING!)
- ☐ 1 SNOWSUIT (WINTER)

TODDLER CAPSULE WARDROBE CHECKLIST

- ☐ 3 PAJAMAS
- ☐ 5-7 T-SHIRTS
- ☐ 5-7 LEGGINGS/JOGGERS
- ☐ 4-6 PAIRS OF SHORTS (SUMMER)
- ☐ 3-6 SWEATSHIRTS/HOODIES
- ☐ 7 SOCKS (YOU WILL FOREVER KEEP BUYING SOCKS, NO LIE)
- ☐ 1 COMFY PAIR OF SHOES
- ☐ 1 PAIR OF BOOTS OR SANDALS
- ☐ 2 SWIMSUITS
- ☐ 10 PAIRS OF UNDERWEAR
- ☐ 1 LIGHT JACKET (PLUS ONE WINTER JACKET)
- ☐ 2-3 DRESSES IF YOUR CHILD LIKES DRESSES
- ☐ 1 WINTER HAT
- ☐ 1 SUMMER HAT

Shop Newborn Essentials Here

whenwewearyoung.com/collections/baby-essentials

Shop Toddler Essentials Here

whenwewearyoung.com/collections/toddler-essentials



EASY STYLE TIPS FOR YOUR NEWBORN OR TODDLER PHOTOSHOOT

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1. PROPER FIT

New babies are teeny tiny and you'll find a lot of clothing too big. Try your preferred onesie or outfit on prior to the session and see how it looks. Ditto with toddlers.

2. SOFT & FLEXIBLE

Stiff, new clothes can be scratchy and ride up when your child sits or rolls around

3. PRACTICAL CHOICES

A shirt that untucks every time your kid runs around will likely be untucked in a photo.

4. START NEUTRAL

Bright colours and busy patterns can be distracting. No logos or graphics is best.

5. KEEP IT SIMPLE

To avoid upsetting your baby or toddler keep clothing changes to a minimum.

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